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It signifies confidence. 3.
At a restaurant, unless

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there is an established hierarchy, go for the seat at the end of the table facing the door. That is the power position. 4. Sit in the highest chair in a meeting or on the arm of the couch - but not higher than

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the boss! 5. Make larger,
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Leil Lowndes, an internationally recognized communications expert, has conducted communication seminars for major US corporations, foreign governments and the US Peace Corps. She has appeared on

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hundreds of television and radio programmes, and is the author of the bestselling *How to Make Anyone Fall in Love with You* and *How to Feel Confident*, and her work has been translated into 19 languages.

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